



What a pleasure it was to talk to so many of you on the phone this week; I have started to phone around the Group Leaders and got so involved in the telephone conversations I contacted far fewer than I intended! It made me realise just how much I missed our monthly meetings when we could have a catch up and a chat (when I wasn't sweeping the floor!) I have also found a keen gardener whose know-how will be very useful as I have decided my next project is to set up a mini vegetable garden in pots!

I have collected quite a bit of information for this Bulletin. While there is plenty of new information a fortnightly Bulletin is probably a good idea although we do not want to repeat ourselves.

If you read this one in conjunction with the others, you will be able to compile quite a list of outside services. We do need contributions, though please!

There are instructions for those who want to try out Zoom and similar methods of group calls although I expect most of you are well set up by now. Thank you to Euan Greig and Jo Stichbury for your input!

I have had some book recommendations for some of you in case you need to be inspired!

The Architect's Apprentice by Elif Shafak—thank you Alan Topham

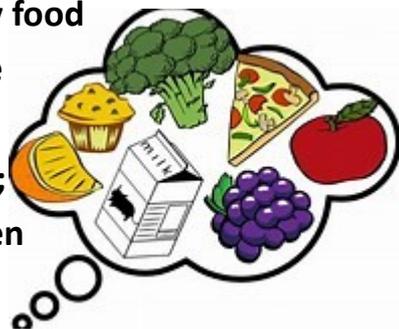
Barbara Cottom has recommended three for her 'Desert Island Lockdown': **Persuasion by Jane Austen, Cannery Row** and its sequel **Sweet Thursday by John Steinbeck**.

Rsemary and Ian Westlake have chosen a book which they could not put down. **The Salt Path by Raynor Winn**. This is a story of a couple who lose everything; house, jobs, etc and go off on a very long walk. This very loose description does not do it justice.

Thank you all for your suggestions!

Marilyn Gibbon—Editor

MANY MORE ESTABLISHMENTS have opened up for takeaway food and deliveries since the last Bulletin was issued. Just because I have listed them here, doesn't mean that they have all been sampled! I can vouch for **Monique's Country Kitchen** though; delicious. A lot of them operate via facebook, but I have given telephone numbers where possible and most of them are online.



The Trout at Lechlade are now delivering hot meals. Tel 01367 252313

Home plated meals similar to the Seniors Specials they used to serve in the pub. Can be delivered or collected hot or cold and ready to eat, or can be microwaved. They will collect the plate on the next visit. They can also offer a pint or two or your favourite brew! Orders can be taken for delivery the next day between 12.00 am to 14.00 for lunch and 17.00 – 19.00 for dinner. Payment can be made by card payment over the phone or on delivery. £7 per meal.

Sunday lunch (only): £10 per meal.

The menu changes very frequently. See the website for details.

As there are only two of them working, if you live in Fairford they would much prefer it if you would collect.

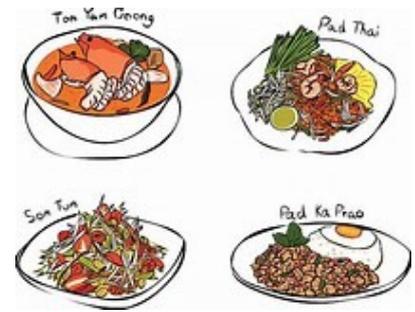


If you feel like a tippie, **Vin Est** in Lechlade are now offering home delivery. Tel: 01367 252861 or email info@vin-est.com for more details.

Monique's Country Kitchen is offering various boxes of food stuffs. We had a charcuterie box at the weekend and liked it so much that we have ordered one for this weekend. Contents: various smoked and salami type meats, cheeses, cheese biscuits, olives, grapes, hummus, etc. £20 for a substantial lunch for two and enough later for a TV snack. Highly recommended. Some may remember her as doing the successful catering for us at the Cotswold Link Meeting last October – seems like another world now!

See facebook or go online to see her other offers.

Thai Me Up: Fancy a change? This Thai restaurant from Cirencester is delivering to Fairford and surrounding villages. As usual, phone in advance, pay and then the chilled food is delivered to your door for you to reheat. Or find them online at Thai Me Up.



The pictures on facebook make my mouth water!

The Crown of Crucis is now doing takeaway meals and are offering an off licence service. Tel: 01285 851806 or see facebook to find out more.

Takeaway and off licence: Tuesday – Saturday 5pm – 9pm

Sunday: 11am – 2pm. Dial a roast on Sunday – Collection 11am – 2pm. Please order before 5pm on Friday.

The George at Kempsford has a new menu. Lots of food including Sunday roasts available for takeaway. Tuesday – Saturday 12.00 – 2.00pm and 5.30pm to 8.30pm. See facebook for details of the menu. Tel: 01285 810236

The Buscot Tearoom is open for Takeaway and collections from shop doorway. Open from 12 am; restricted hours. See facebook for details.



RelaxedJaks – private chef service – gourmet street food. Find on facebook for details or phone 07584 639235; jack@relaxedjaks.co.uk or web site: www.relaxedjaks.co.uk/. Local business based at Mersey Hampton.

Curry King

in Fairford has reopened for takeaways. They are closed on Mondays, open from 5pm and will close at 10pm instead of the usual 11pm.

Only one customer is allowed in at a time.
Tel: 01285 713990.

More people offering goods and services:

Dean Dean summer fruit and vegetables are advertising on facebook. They are based in Holt, Wiltshire. They do fruit and veg boxes and boxes of staples. Find them on facebook. Dean Dean – Cirencester for Sale. Email thehiddenchef@icloud.com for more details and to find out if they can deliver to you.

Cutler and Bayliss the butcher at **Lechlade** offer home delivery. 01367 252451
Phone two days in advance, pay on the phone using your card, and goods will be delivered. They don't only sell meat but have lots of other goodies too!

Creed Food Service: fresh fruit and vegetables, meat

Find them at <http://creedfoodservice.localfooddrops.co.uk>. They are a food distributor based in Gloucester and deliver to our area. Telephone them on 01452 857555 to find out more. As with everyone else, they advertise on facebook. Minimum order £30; £5 delivery charge.

Cotswolds fresh fruit and veg boxes – will deliver. See them on facebook.

Tel: 07728 572895. They are local.

How about a birthday treat?

Cotswolds finest cakes are also on facebook. Birthday cakes and special treats!
www.ediblebyaggy.co.uk/shop. Also sells gluten free products. Home delivery.

Lynwood Café is now open in Fairford (as well as Lechlade) from 8am to 2pm. They sell sourdough, cakes, bread, vegetables and many other products. Coffee available for takeaway! Tel: 01285 711117

Four Seasons Fruitiers

Based in Cricklade, they supply fruit and vegetables and a selection of dry goods.



Conference Call Know-how

Some groups are using **Zoom** when holding their group meetings. This is a brief summary of how it works. If you want more detail, then refer to the Cirencester U3A page at: (copy and paste into your browser:) <http://www.cirencesteru3a.org.uk/index.php/zoom-guidance2>

An excellent detailed description of what to expect and what to do is at (copy and paste into your browser:) http://www.cirencesteru3a.org.uk/images/zoom-files/ZoomInstallationOverview_v1.1.1.pdf

- To join a Zoom meeting **as a participant** you usually just click on a link supplied by the host*. The first time you do this Zoom will ask you to install the required software, which is a quick and easy process.
- Whether you are a host or a participant, you can bring up **buttons to do things** like mute yourself, change how the images of participants are displayed and so on, as follows:
 - o On a PC, laptop etc, hover your mouse over the middle of the screen.
 - o On a smartphone, tablet etc touch the middle of the screen.
- **You only need a Zoom account if you want to host meetings.** There are two types of account:
 - o Free: allows meetings of up to 40 minutes. You may be cut off after this but you can immediately start another meeting with the same settings
 - o Paid: no time limit on meetings, plus other additional features. Currently about £12 a month, paid annually.

* Sometimes Zoom will ask you for the meeting ID and/or password but these will be on the invite from the host.

Thank you to **Euan Greig** and **Jo Stichbury** for their input.

There are other ways of holding a conference-type call. Whatsapp is free and the sound quality is good. There is also no time limit as there is with Zoom. Download the app onto your phone or tablet and follow the instructions.

You can invite others to the 'meeting' providing they are Whatsapp users too.

Facebook has a 'conference call' facility; also free.



Brian Etheridge who leads the **Art Appreciation Group** has suggested a little research if you are missing your monthly meeting. It will also give you a bit of background information for his proposed lectures (whenever they may be!)

Over to Brian:

With each of my suggestions you can You Tube or Google. Wikipedia is good in Google for it gives you lots of pictures as well as biographical detail.

The 17th century artist Artemesia Gentileschi because she was a woman was widely known until recently only through her famous (and infamous, very disturbing) rape trial. Now everyone realises what a great painter she was. In fact she should be enjoying a major exhibition at the National Gallery at this moment.

Anyone who loves Cornwall should look at the work of the 19th century Newlyn School, particularly that of Stanhope Forbes.

Another really interesting woman artist is Laura Knight. She adopted several styles and subject matter from late Newlyn, WW2, theatre, ballet and gypsy life, ending with attending the Nuremberg trials. All these and other artists will eventually appear in my U3A talks.

Brian Etheridge

Thank you Brian for your contribution.

You Tube has many offerings if you fancy an art lecture. There is also a video for the armchair traveller—walking around Pompeii. It has changed a bit since I was last there! Fascinating, all the same.

St Mary's Church clock strikes again

I have repaired the striking linkage of the one hundred and twenty year old clock, and once again it strikes the quarter hours.

The clock is in need of a major overhaul and this work is delayed because of health and safety concerns in the tower, which must be addressed.

As keeper of the clock, I attend to routine maintenance and regulation, and I am hopeful that with tender care the clock will continue to act as a regulator of time for Fairford until it enjoys a major overhaul. The last overhaul took place some fifty years ago.

Jake Sutton
Keeper of the clock

A trifle larger than your usual timepieces! - Ed



And a little bit of whimsy ...

With apologies to Alfred Lord Tennyson!

The Charge of the Lygon Brigade

Two metres apart. Two metres apart
Two metres onward
All queuing at Londis
Stood the old ladies.
Into the valley of Londis
Forward the Orchard brigade
Make for all the veggies
In the valley of Londis
Staggered the Lygon ladies.

Their's not to reason why
The lockdown rules apply
Their's to do and shop
In the valley of Londis.
That's the woman's lot

Baskets to the right of them
Baskets to the left
Trolleys in front of them
Rattle and thunder.
Harassed by vizors and masks
Harassed by aisles and shelves
Harassed by social distancing
Two metres apart.
Into the jaws of Londis
To see what Londis's got.

When will their glory fade
And have they all survived?
Those who wait outside
Honour the charge they made.

Ian Westlake

Message from the Petanque Group Leaders:

Hello everybody

With everyone in lockdown for the foreseeable future we would just like to say that we are thinking of you all and missing your company.

We can't wait for the restrictions to be lifted when we shall all be able to once again resume play. It may end up with everyone having to learn what to do but that shouldn't prove to be that difficult!

Just as an add on we have managed to find another Pétanque joke.

Robert, as it's your birthday, I'll grant you 3 wishes. Anything you like, just ask and I'll make it come true.

*Robert thought for a minute, then said: I've always wanted to go to Hawaii, can we go there? *Zing* with a flick of the Fairy's wand, Robert was in Hawaii.*

*What next? said the Fairy. - Well, I'd love a new Cadillac, said Robert. *Zing* a flash of the Fairy's wand and there was a gleaming new Cadillac.*

Robert could hardly believe his eyes.

And the third wish? said the Fairy Robert thought again and said: Well, I'd love to drive my new Cadillac back home to the states. Could you build a bridge here from Hawaii back home? - Please, Robert, said the Fairy, be reasonable, there are limits even to what I can do, it's one hell of a long way back to the States. You'll have to pick something else. - Could you turn me into a better pétanque player? he asked, excitedly.

Well, maybe the bridge isn't such a bad idea, after all. Now, let's see, would 4 lanes be OK or do you want 6...



Keep well and stay safe Dave and Heather